



TUESDAY

February 17, 2026

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

| | |
|--------------|----------------------|
| Block 1 | 8:00 – 9:12 |
| Block 2 | 9:16 – 10:28 |
| FLEX | 10:28 – 10:57 |
| Block 3 | 11:01 – 12:13 |
| LUNCH | 12:13 – 12:53 |
| Block 4 | 12:57 – 2:09 |
| Block 5 | 2:13 – 3:25 |



CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



SD43 Pink Shirts have arrived

If a shirt was ordered for you, an email has been sent to your 127s-email to let you know you have an order to pick up.

Please come to the office, before school, lunch or afterschool to pick up.

Pink Shirt Day is Wednesday February 25, 2026

Olympic Viewing – Lunch Time



- Love sports?
- Enjoy cheering on Team Canada?
- Come and enjoy live streaming of the Olympics, at lunch, in room 241
- Bring your friends and lunch
- Open to all students and staff

- Open from February 10th to February 20th



GALAPAGOS TRIP

SPRING BREAK 2027

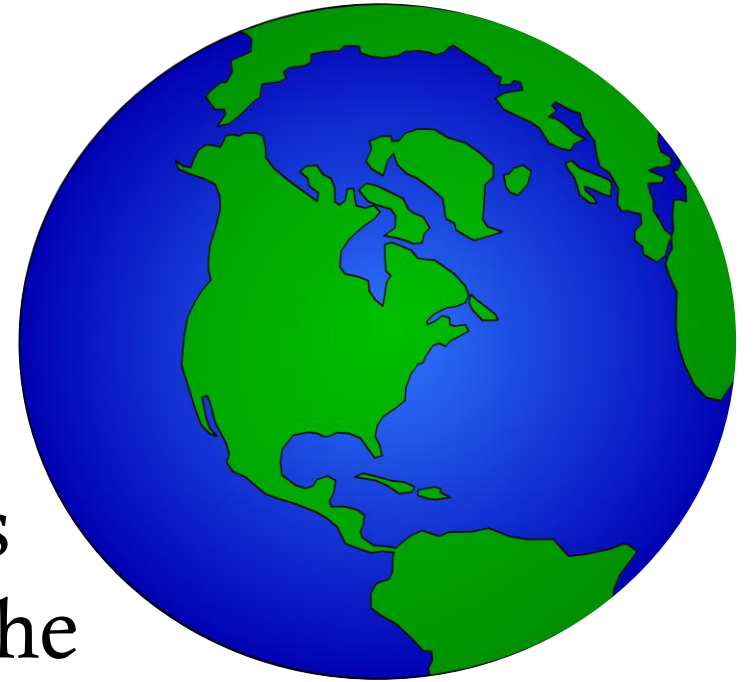
Love travelling, wildlife, outdoors, and learning about new cultures? **This is for you!** This is a once-in-a-lifetime trip to Ecuador and the Galapagos Islands!

There is still time to sign up!

www.eftours.ca/2988675WN

Questions? Please see Ms. Kim in room 303 or send an email to ekim@sd43.bc.ca

INTERNATIONAL STUDENT RENEWALS



This is a reminder for all international students who have not yet completed their renewal for the upcoming enrollment period. The deadline to renew is **March 1, 2026**.

To complete your renewal:

Sign and return the Terms of Agreement to ieapplications@sd43.bc.ca.

Questions?? Please see Ms. A. Lee in Room 244

CLUBS



MUSIC DISK ENSEMBLE

JOIN A BAND WHERE...

PLAY AT EVENTS

EARN VOLUNTEER HOURS

CHOOSE A MUSIC GENRE

THURSDAY, LUNCH @ RM 102



PET PALS CLUB

TIMBITS AND DONUTS FUNDRAISER

THURSDAY, FEBRUARY 19th
@Lunch in the Grand Hall



Katie's Place
Animal Shelter

Aromantic

Aromanticism is when a person **feels little to no romantic attraction**. This does not mean a lack of connection, as friendship and bonding can still be very important. Aromanticism is different than asexuality, as it specifically relates to romantic attraction **rather than physical attraction**. Different people may identify as both asexual and aromantic (**Aroace**), or just one, though it varies.

If you have any questions about the HWSS Pride Club, email us at sstewart@sd43.bc.ca

KODIAK ATHLETICS



Girls Soccer Tryouts

All female soccer players are invited to tryout for the school team:

Tuesday, Feb. 24 and Thursday, Feb. 26
3:40 on the turf.

See Ms. French for information if needed.



School District 43 Mountain Bike Team Registration 2026

Heritage
Woods
Mountain Bike
Team Sign Up
Any Mountain
Bikers wanting
to race for the
school team
this year
please use the
QR code to
sign up



Heritage Woods Mountain Bike Team Sign Up
Any Mountain Bikers wanting to race for the school team this year please use the QR code to sign up.

If you have any questions, please see Mr. Castonguay in the PHE office

Wed March 4 - Teams/Zoom meeting with new athletes and parents

Wed March 11 - First Team Ride Burke (weather/snow permitting)

Wed April 1 - Team ride Burke

Wed April 8 - Burke

MON April 13 - Advanced ride Eagle

Wed April 15 - Burke

MON April 20 - Advanced ride Eagle

Wed April 22 - FUNDURO Burke

MON April 27 - Advanced ride Eagle

Wed April 29 - FUNDRURO THORNHILL

MON May 4 - Advanced Ride Eagle

Wed May 6 - FRASER NORTH - Thornhill

Wed May 13 - Burke

Thurs-Fri May 21-22 Provincials Quesnel

Wed June 10 - Wrap-Up Burke

**School District 43 Mountain Bike
Team Registration 2026**



Looking for a Job?



ROCKY POINT ICE CREAM

HIRING FAIR!

SUNDAY, FEBRUARY 22ND | 10 AM - 2 PM
LOCATION: 2920 Murray St, Port Moody
Applications available at:
www.rockypointicecream.com

- Join the Scoop Team!
- We're hiring for all locations: Port Moody, New Westminster, Port Coquitlam, and Coquitlam.
- Sunday, February 22nd from 10am - 2pm
- The Canteen & Creamery 2920 Murray Street, Port Moody
- We are looking for energetic Scoopers!
- How to apply:
- Download the application form on the website.
- Fill it out completely.
- Bring it with you to our Hiring Fair along with your resume!
- See you on Sunday, February 22nd!